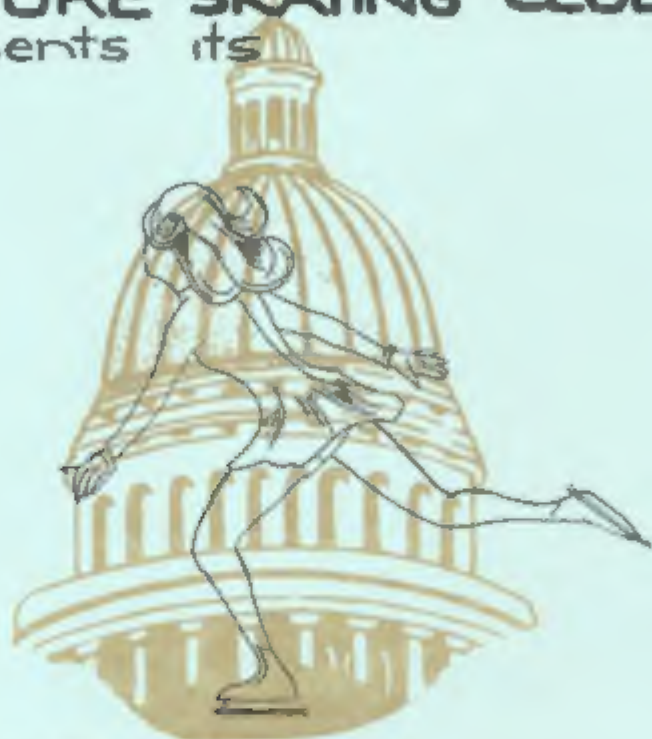


**CAPITAL CITY
FIGURE SKATING CLUB**
presents its



**FOURTH
INTRA CLUB
COMPETITION**
SANCTIONED BY USFSA

APRIL 4
1970

ICELAND
1430 DEL PASO BLVD.
SACRAMENTO, CALIFORNIA

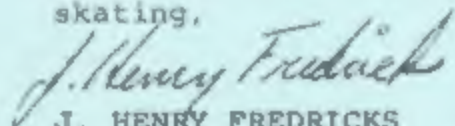
MESSAGE FROM THE PRESIDENT

On behalf of the Capital City Figure Skating Club, I am extremely happy to welcome the competitors, officials, viewing members, and friends of figure skating to our Club's 1970 Inter-Club Competition.

I feel certain that you will all witness some fine skating as a result of the hard work and dedication of our skaters. It is my hope that each competitor does his or her best performance ever, today. I want to commend those officiating and assisting for their dedication to the sport of ice skating.

Best wishes to all competitors,

Yours for more and better
skating,



J. HENRY FREDRICKS
President, Capital City
Figure Skating Club

OFFICIALS

Referee William K. Munns, Walnut
Creek

Accountant Chuck Cuny, Walnut Creek
Assisted by: Ralph Coiner, CCFSC
Lynn Cuny, Walnut Creek
Sam Singer, St. Moritz
Joy Janes, St. Moritz

Judges Fern Bearse, San Francisco
Joan Burns, El Camino
Roy Cofer, St. Moritz
Roberta Hustead, St. Moritz
William Munns, Walnut Creek
Evelyn Sartore, Silver Edge
Sam Singer, Walnut Creek

CCFSC Judges Karen Cousineau
Nola Joy Ditmanson
Gay B. Goff
Marge L. Schleh
Pauline Sweezey
Clara Walton
Walter Walton

CCFSC Club Officers:

President J. Henry Fredricks
Vice-President Howard Gambill
Secretary Helen Wyatt
Treasurer Alden Brosseau
Publicity Julie Jones
Membership Pauline Sweezey
Board Member Robert F. Davis
at Large

The 1970 Capital City Figure Skating Club's Fourth Intra-Club Competition will bring together some of our finest skating talent in the Sacramento area. The participants in this year's competition will demonstrate their ability in the various compulsory moves and dances.

The triple repetition of each of the compulsory moves shows their mastery by the ease in which they are performed. The Free Skating Programs by the Singles and Pairs will demonstrate their ability to be athletic and interpret the music by combining the individual moves into a harmonious composition of steps, combination of jumps and spins, and in the case of the Ladies' Pairs, some interesting lifts.

The Dancers will skate some of the twenty-two compulsory dances listed by the United States Figure Skating Association. The ease and grace with which they perform the very difficult steps show that they have mastered the dances by demonstrating correct timing, control of steps, and dance positions.

We take pride in all our skaters in this Competition, many of whom have never before entered a competition, for we know the many hours of dedicated practice and physical discipline necessary to enter competition.

My very special thanks to the Officials, our guest artistic judges, and to my Competition Committee who have so generously given their time to make this a huge success.

Sincerely,

Nola Joy Ditmanson
NOLA JOY DITMANSON

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Competition Chairman, CCFSC

TIME SCHEDULE

9:00 A.M. - Intermediate Ladies Figures
9:45 A.M. - Juvenile Ladies First Figure
10:15 A.M. - Cut Ice
10:30 A.M. - Juvenile Ladies Second Figure
11:10 A.M. - Compulsory Moves, Class One B
11:25 A.M. - Compulsory Move Class Two
11:50 A.M. - Pixie Derby (Girls)
12:05 P.M. - Pixie Derby (Boys)
12:15 P.M. - Preliminary Juniors (Girls)
12:40 P.M. - Preliminary Juniors (Boys)
12:50 P.M. - Advanced Juniors
1:00 P.M. - Improvised Artistic Free Style Event
1:15 P.M. - Men's Dance Solo
1:25 P.M. - Preliminary Ladies Dance Solo
1:35 P.M. - Bronze Ladies Dance Solo
1:45 P.M. - Silver Ladies Dance Solo
1:55 P.M. - Draw Dance
2:20 P.M. - Presentation of awards for the following classes:

Pixie Derby (Girls and Boys)
Preliminary Juniors (Girls and Boys)
Advanced Juniors

LUNCH (ICE CUT)

5:00 P.M. - Junior Dance Couple
5:30 P.M. - Old Romeos and Young Juliets
5:50 P.M. - Championship Ladies Pairs
6:00 P.M. - Juvenile Ladies Free Style
6:25 P.M. - Intermediate Ladies Free Style
6:45 P.M. - Exhibitions
7:00 P.M. - Awards
8:00 P.M. - Competition Dinner, Holiday Inn North

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Championship Ladies

Karen Cousineau

Intermediate Ladies

Teri Valle
Cindy Adams
Amy Brosseau
Debbie Cutter
Carol Millar
Nancy Thym

Juvenile Ladies

Kimberly Caldwell
Dianne Coiner
Karen Dinsfriend
Desiree Ellsworth
Sheri Kerth
Lora Larsen
Elizabeth McKenney
Cindy McNeil
Georgiana Sutton

Novice Ladies

Tamara Gambill

Compulsory Move Class One B

Lynne Diederichs
Andrea Kinzey
Claudia Kinzey

Compulsory Move Class Two

Cindy Adams
Amy Brosseau
Dianne Coiner
Karen Dinsfriend
Elizabeth McKenney
Kathy Spillard
Georgiana Sutton
Teri Valle
Cheryl Crawford

Compulsory Move Class Three

Tamara Gambill

Improvised Artistic Free Style

Karen Cousineau
Debbie Cutter
Tamara Gambill
Debbie Jones
Carol Millar

Championship Ladies Pairs

Tamara Gambill and Amy Brosseau
Dianne Coiner and Elizabeth McKenney

Draw Dance Couple

Karen Gambill, Lora Larsen,
Debbie Jones, Arlette Towner
J. Henry Fredricks, Wayne C. Raley
Walter Walton, Jack Wyatt

Old Romeos and Young Juliets

Wayne C. Raley and Amy Brosseau
Jack Wyatt and Lora Larsen
J. Henry Fredricks and Debbie Jones
Walter Walton and Karen Cousineau

Bronze Dance Ladies Solo

Tamara Gambill
Debbie Jones
Lora Larsen

Silver Dance Ladies Solo

Amy Brosseau
Karen Cousineau

Pixie Derby

Marisa Bautista
Jill Julian
Teresah Smith
Howard Sullivan
William Towner
Mike Medina

Men's Dance Solo

Geoffrey Brosseau
Wayne C. Raley

Advanced Juniors

Susan Coulter
Pam Ray

Preliminary Juniors

Teresa Avery
Larry Boyajian
Susan Dovi
Mary Louise Isley
Yvonne D. Laws
Lee Ellen Roberts
Craig Smith
Jerry Smith
Becky Sullivan
Cintha Sullivan
Kathy Turner

Preliminary Ladies Dance Solo

Dianne Coiner
Karen Gambill
Kathy Spillard

Junior Dance Couple

Wayne C. Raley and Tamara Gambill
Wayne C. Raley and Debbie Jones

Jack Wyatt and Arlette Towner

Walter Walton and Amy Brosseau
Walter Walton and Lora Larsen

Artistic Awards will be given for the following:

Intermediate Ladies Class
Juvenile Ladies Class
Improvised Artistic Free Style Class

COMPETITION COMMITTEE:

Competition Chairman:

Assisted by:

Nola Joy Ditmanson
Julie Jones
Robert F. Davis
J. Henry Fredricks
Louise Gambill
Howard Gambill

Announcers:

Bob Martin, Jim Meyers,
Elwin McKenney, Robert Schleh

Timekeeper:

Porter A. Towner

Ticket Chairman:

Howard Gambill

Awards:

Louise Gambill

Music:

Roy Cousineau

Hospitality & Name Tags:

Doris Cousineau

Monitor Chairman:

Donna Coiner

Assisted by:

Kay Caldwell, Cheryl Crawford,
Sally Cutter, Bette Doscher,
Trilby Kinzey, Carol Larsen,
Art Meyer, Kathy Spillard,
Jane Strom

Registration:

Betty McKenney

Typists:

Donna Coiner, Kathy Spillard,
Jane Strom, Arlette Towner,
Helen Wyatt

Patron Chairman:

Arlette Towner

Judges' Luncheon:

Elaine Brosseau

Competition Dinner:

Nancy Meyers

Artistic Judge Chairman:

Kathy Spillard

Publicity:

Julie Jones

Finance:

Competition Committee

Special Chairman:

Joan Burns, El Camino
Marge Schleh, CCFSC

SPONSORS

These sponsors made this program feasible:

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ANNOUNCEMENTS

The Central California Inter-Club Association
Third Novice Inter Club Competition is
scheduled for May 16 and 17, 1970 at the
Capital City Figure Skating Club, Iceland,
1430 Del Paso Boulevard, Sacramento,

with the continuation of Third Novice Competition
at the El Camino Club, Burlingame, on May 24, 1970

The Advanced Inter-Club Competition will be
hosted by the Crystal Springs Skating Club
at Belmont on June 15, 1970

Saturday Juniors

Skating sessions for beginning skaters are held
on Sturdays from 1:00 to 2:30 P.M., sponsored
by the Capital City Figure Skating Club. Group
instruction is given by Margot Wilcox. Parents
are invited to assist with the group.

CSFSC was started in 1941 by an enthusiastic group of
states. The original 20 members provided the start to
a club that is now some 145 members strong. The original
club had one session per week. School figures as we
know them were unknown. The original one session per
week has grown to 10 club sessions. Some of our club
sessions start at 6:00 A.M. The club has fostered many
shows, outstanding professional and amateur skaters.

ICELAND SKATING RINK WAS BUILT by Mr. and Mrs. William J. Kerth, Sr., and opened November 4, 1940. Mr. Kerth, Sr. passed away in 1949, and since that time the business has been owned and operated by Mr. William J. Kerth (Bill) and his sister, Mrs. Boyd O. Brandt (Eva), together with their mother, Mrs. Emily G. Kerth. Mr. Kerth's wife, Jean, and their six children also take an active part in the business.

Throughout the years the Kerth Family has stressed, "Fun for All The Family". This is much in evidence with three generations skating at Iceland since its opening thirty years ago. Many different sessions are offered at the rink in the various phases of skating pleasure, exercise, lessons, figure, hockey, speed, therapy.

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